

## Fr Declan and the Parish Team would like to thank everyone for their kind presents and gifts at Christmas.

January is the darkest and most depressing month of the year and for many sensitive souls, the barrage of 'advice' on how we 'should' be living, is just too much. So perhaps this is a safe place to say that maybe it's okay to take a week or two to recover and to just be kind to ourselves before demanding better. And for those of us who really do fall low in the darkest month of the year. For those of us who have given too much and to whom the future looks bleak perhaps this is the right place to say - you are absolutely fine the way you are. Just stay.

Take some time to breathe.

Take some time to not think about anything much at all except breathing in and breathing out.

Take some time to build back up, not tear your yourself down.For many, this month is a mountain that looks unclimbable.Be kind, my friends. Always.Donna Ashworth

**Children's Liturgy will resume on Sunday 22<sup>nd</sup> Jan 2023 at 11am Mass.** We would hope that all children of Primary School age who live in the parish register and attend our Children's Liturgy. If your child is in P3, P4 or P7 and you wish to present them for the Sacrament of Reconciliation, First Holy Communion or Confirmation in our parish this year, it is essential that you register them for Children's Liturgy and attend Sunday Mass regularly. If you feel that you cannot commit to attending Sunday Mass and prefer not to present your child for Sacraments this year, please contact the school/parish as soon as possible.

**Foster Care Services and Support** "There are children in crisis today in our local communities – children of all ages and all abilities. Can you spare an hour a day, an overnight or a weekend or more to make a difference in a child's life? If you can, then contact the Regional Fostering Team atwww.adoptionandfosteringcare.hscni.net or on 0800 0720 137

 WEEKLY BULLETIN

 Sunday 15th January 2023

 Weekly Collections:

 24/25th Dec £1608.01

 31/1st Jan £902.40

 7th/8th Jan £674.57

 Monthly Stipend £1417.00

 Christmas £1780.00

Online/Card Machine 22/12/22 -12/01/23 £790.98 Thank you for supporting our Parish.

WEEKLY MASS SCHEDULE Monday: 10.00am Tuesday: 7.00pm Wednesday: 10.00am Thursday: 7.00pm (Norena Prayers) Friday: 10.00am (First Friday 7pm) Saturday: 7.00pm (Vigil) Sunday: 9.00am & 11.00am CONFESSIONS Thursday before Mass

## MINISTRY OF WELCOME

We welcome Molly, who was recently Baptised into our Parish Family.

**Baptisms:** Please email the office for a booking form and more details. Baptisms take place the 1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month directly after 11am Mass and on Thursday evenings at 6pm. At least one month's notice is required, during which parents meet with a member of our Baptismal Team and the family attends the 11am Sunday Mass weekly, prior to the Baptism. If families are unable to complete the preparation or attend Mass, the Baptism will be rebooked to a time when they can. A total of 20 people are permitted to attend.

**Weddings:** Wedding guests must continue to follow all guidance and adhere to policies and procedures put in place to ensure the safety of all. Couples must contact Fr Declan six months before the date of their wedding to arrange to complete the necessary paperwork. Couples are also required to attend a pre-marriage course. A Wedding Mass is only offered to those who attend Mass in their parish *weekh* during the six-month notice of marriage period.

## **RECENTLY DECEASED**

Robert Moore Oliver McCavigan Grace Quinn Brendan Dougan Pope Emeritus Benedict XVI ANNIVERSARIES AT THIS TIME

Felix McDonald Michael McDowell Patrick Tallon Mary McAreavey Martina Farr James McCrystal Catherine McCrystal John Walsh Eamon McConaghy Anniversary Mass Saturday 14<sup>th</sup> January at 7pm Anniversary Mass Tuesday 17<sup>th</sup> January at 7pm Anniversary Mass Wednesday 18<sup>th</sup> January at 10am Anniversary Mass Friday 20<sup>th</sup> January at 7pm Anniversary Mass Saturday 21<sup>st</sup> January at 7pm

Eileen Doone May Sinton Anne McConville

The second collection this week is for Diocesan Youth Commission.

Service of Light We welcomed the children, their parents and sponsors and teachers from St Mary's Primary School to the church on Thursday evening for their Service of Light. During this service the children make promises to prepare for the Sacrament of Confirmation. *Send us your Holy Spirit to counsel strengthen us and to guide our ministry. Amen.* 

St Patrick's Primary School, Service of Light – Thursday 19<sup>th</sup> January 2023 at 7pm. **Girl Guides** We welcome the children and leaders from St Patrick's Guide Unit to our 11am Mass today.

We give thanks to God for the life and ministry of Pope Emeritus Benedict XVI faithful servant and shepherd of your Church, for his service as priest, bishop and Pope.

Parish Priest: Fr Declan Mulligan Tel: 028 9265 1214 EMERGENCIES AND SICK CALLS: 07831 934 756 028 944 595 600 St Vincent De Paul Contact Number: 028 9035 1561 www.svp.ie Lifeline Freephone 0808 808 8000 The Order of The Knights of St Columbanus 028 92 528 916 Diocesan Safeguarding Office 028 9049 2798 Parish Office Tel: 02892651214 Email: parishofaandb@yahoo.co.uk. Parish Office open Tuesday – Thursday 10am-4pm. All insertions for the bulletin please leave in the Parochial house red post box, email or phone the parish office before 4pm on Tuesday.